

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	Yoghurt and Rockmelon	Seasonal fruit platter	Toast with assorted Spreads	Seasonal Fresh fruit platter	Rice crackers with assorted spreads, served with pear and orange
LUNCH	Sausage Pasta Salad <small>*Allergy & Dietary options available</small>	Assorted sandwich platter <small>*Allergy & Dietary options available</small>	Tropical Chicken served with Rice <small>*Allergy & Dietary options available</small>	Beef & Chicken boodles with mushrooms & carrot <small>*Allergy & Dietary options available</small>	Vegetarian fried rice <small>*Allergy & Dietary options available</small>
AFTERNOON TEA	Apple muffins with fresh apples	Rice cakes with assorted spreads, watermelon and apple	Mini munchers platter	Fresh watermelon with dried fruit	Coconut slice serviced with fresh pineapple
BABY MENU	Pear and apple puree	Chicken, rice and vegetable puree	Cauliflower, broccoli and apple puree	Potato, pumpkin and banana puree	Apple and strawberry puree

NB: Locally sourced seasonal Fruit may include: Apples, Oranges, Mandarins, Mango, Strawberries, Pineapple, Rockmelon, Watermelon, Banana, Honeydew, Kiwi Fruit, Lychees and Grapes.

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	Yoghurt and fruit salad	Seasonal fruit platter	Toast with assorted spreads	Seasonal fruit platter	Rice cakes with assorted spreads and fried fruit
LUNCH	Pork and Mushroom Stir fry *Allergy & Dietary options available	Sandwich platters with assorted fillings *Allergy & Dietary options available	Chicken ratatouille with brown rice *Allergy & Dietary options available	Tuna cakes with creamy pasta salad *Allergy & Dietary options available	Fettuccine Alfredo *Allergy & Dietary options available
AFTERNOON TEA	Cruskits with assorted spreads, apples and pear	Mini ham and vegetable quiches	Banana bread	Cheesy cucumber and tomato stacks	Seasonal fruit platter with rice crackers
BABY MENU	Pear and Apple Puree	Chicken, rice and vegetable puree	Cauliflower, broccoli and apple puree	Potato, pumpkin and banana puree	Apple and strawberry puree

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WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	Yoghurt & Fruit Salad	Seasonal Fruit Platter	Toast with assorted spreads	Seasonal fruit platter	Rice cakes with assorted spreads and watermelon and apple
LUNCH	Macaroni and Cheese Tuna Pasta Bake <small>*Allergy & Dietary options available</small>	Assorted Sandwich platter <small>*Allergy & Dietary options available</small>	Fajita chicken rice <small>*Allergy & Dietary options available</small>	Red lentil stew <small>*Allergy & Dietary options available</small>	Chilli Con Carne <small>*Allergy & Dietary options available</small>
AFTERNOON TEA	Creamy cheesymite crackers with vegetable sticks	Pumpkin scones	Fresh watermelon slices with dried fruit	Vegetable savoury muffins	Cheese cucumber and tomato stacks
BABY MENU	Pear and apple puree	Chicken, rice and vegetable puree	Cauliflower, broccoli and apple puree	Potato, pumpkin and banana puree	Apple and strawberry puree

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WEEK FOUR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	Yoghurt and Rockmelon	Seasonal fruit platter	Toast with assorted spreads	Seasonal fruit platter	Rice cakes with assorted spreads, with watermelon and apple
LUNCH	Chicken pesto pasta <small>*Allergy & Dietary options available</small>	Assorted sandwich platter <small>*Allergy & Dietary options available</small>	Vegetable cheese pasta bake <small>*Allergy & Dietary options available</small>	Devilled sausages <small>*Allergy & Dietary options available</small>	Mediterranean Chicken <small>*Allergy & Dietary options available</small>
AFTERNOON TEA	Creamy cheesymite crackers with vegetable sticks	Coconut slice with fresh pineapple	Baked bean muffins	Sugar free, fruit jelly cups	Cruskits with vegemite, jam and cheese spread
BABY MENU	Pear and Apple Puree	Chicken, rice and vegetable puree	Cauliflower, broccoli and apple puree	Potato, pumpkin and banana puree	Apple and strawberry puree

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WEEK FIVE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	Yoghurt and fruit salad	Seasonal fruit platter	Toast with assorted spreads	Seasonal fruit platter	Rice cakes with assorted spreads, with watermelon and apple
LUNCH	Spaghetti bolognese <small>*Allergy & Dietary options available</small>	Assorted sandwich platter <small>*Allergy & Dietary options available</small>	Balsamic chicken and mushrooms <small>*Allergy & Dietary options available</small>	Cajun turkey rice bowl <small>*Allergy & Dietary options available</small>	Meatballs and spaghetti with hidden veggies <small>*Allergy & Dietary options available</small>
AFTERNOON TEA	Vegemite, cheese and jam sandwich platter	Spinach and cheese muffins	Fresh watermelon with dried fruit	Mini munchers platter	Vegemite and cheese scrolls
BABY MENU	Pear and Apple Puree	Chicken, rice and vegetable puree	Cauliflower, broccoli and apple puree	Potato, pumpkin and banana puree	Apple and strawberry puree

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