

LEAD CHILDCARE BURPENGARY

Over 3's Summer Menu

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MORNING TEA	Pikelets with Jam	Muesli slice with Yogurt	Mixed Berry Smoothies	Assorted Toast with Fruit Platter	Banana Cake	
LUNCH	Chicken fried rice	Vegetarian Lasagna	Variety of Sandwiches and wrap platter	Cheesy Beef Nachos	Vegetable Bake	
AFTERNOON TEA	Coconut cake	Oat Choc Chip Cookies	Apple tea cake	Ham and cheese scrolls	Fruit platter with assorted Crackers	
LATE SUPPER	A variety of rice cakes, crispbread, fresh fruit, dried fruit, vegie sticks, rice crackers, biscuits, toast, sandwiches & various baked goods.					
SCHOOLIES	Cheesy garlic Pull apart With rice cakes	Sausage sizzle	Mini munchers platter	Coconut slice With saladas	Sandwich and fruit platters	

NB: Locally sourced seasonal Fruit may include: Apples, Oranges, Mandarins, Mango, Strawberries, Pineapple, Rockmelon, Watermelon, Banana, Honeydew, Kiwi Fruit, Lychees and Grapes.



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WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MORNING TEA	Mixed berry smoothies	Banana Bread	Pikelets with Jam And Honey	Fruit platter with assorted Crackers	Muesli slice with Yogurt	
LUNCH	Variety of Sandwiches and wrap platter	Vegetarian tortillas	Variety of Sandwiches and wrap platter	Shepherd's pie	Chicken enchilada bake	
AFTERNOON TEA	Cheesy Garlic pull apart	Anzac Slice	Vegemite and cheese scrolls	Oat choc chip cookies	Fruit and yogurt	
LATE SNACK	A variety of rice cakes, crispbread, fresh fruit, dried fruit, vegie sticks, rice crackers, biscuits, toast, sandwiches & various baked goods.					
SCHOOLIES	Cheesy garlic Pull apart With rice cakes	Sausage sizzle	Mini munchers platter	Coconut slice With saladas	Sandwich and fruit platters	

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WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MORNING TEA	Fruit platter with assorted Crackers	Banana Bread	Ham and cheese scrolls	Pineapple muffins	Cheesy Garlic Pull apart	
LUNCH	Butter Chicken and rice	Variety of Sandwiches and wrap platter	Chicken Carbonara	Sausage pasta bake	Variety of Sandwiches and wrap platter	
AFTERNOON TEA	Chocolate beetroot cake	Fruit pieces with yogurt	Pear muffins	Vegemite and cheese scrolls	Cornflake bites	
LATE SNACK	A variety of rice cakes, crispbread, fresh fruit, dried fruit, vegie sticks, rice crackers, biscuits, toast, sandwiches & various baked goods.					
SCHOOLIES	Cheesy garlic Pull apart With rice cakes	Sausage sizzle	Mini munchers platter	Coconut slice With saladas	Sandwich and fruit platters	

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